



Learning Sessions for Alliance's Annual
Conference
<https://www.allianceon.org/conference2024>



Poster Board 7: Maternal-Child Health Program

Presenter:

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Description:

A poster sharing the unique maternal-child health program at Flemingdon Health Centre (FHC). This program includes prenatal and lactation management supports, which help reduce risk and improve health outcomes for pregnant people and their babies. The program takes place in-person and virtually at FHC's three sites, and operates creatively on a small budget. Offering trauma-sensitive care through a patient-involved lens supports birthing close to home, and provides access to peer-to-peer as well as peer-to-professional lactation counselling, as well as referrals to wraparound services in the community. This poster will show how the program can be duplicated in other communities.

Poster Board objectives and learning outcomes:

- Resources that are most supportive & impactful for maternal-child health in the community
- Increase inter-professional collaboration with PHC
- How to offer a similar program in your community

Full description:

FHCs maternal-child health program offers trauma-sensitive care through a patient-led and patient-involved lens that includes prenatal classes, provides access to peer-to-peer as well as peer-to-professional lactation counselling, and referrals to wraparound services in the community. Challenge: a rapidly growing, dense community with many families with children under age 5 and one of the largest full-day kindergarten schools in North America. Action: a broad spectrum maternal-child health program across FHCs 3 sites, working in community partnership to offer accessible education and support on infant care and child development, birth and breastfeeding preparation. Also, a hospital-grade breast pump loan program and weekly partnership infant classes. Trajectory: inspire other agencies to creatively supplement primary prenatal care to better serve equity-deserving groups, others who experience marginalization and barriers, and impact the health of the community.