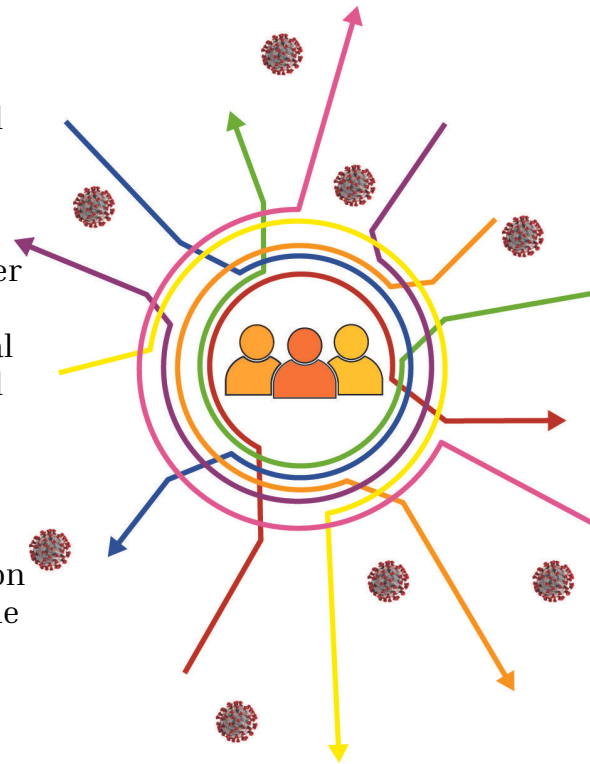


LONG COVID AND HEALTH EQUITY



WHAT IS LONG COVID?

- After contracting COVID-19, some people continue to have symptoms for weeks and months. This is called "long COVID" or "long-haul COVID".
- The experience of long COVID may depend on other health conditions, such as diabetes, asthma or mental illness, or on certain social factors such as sex, age, ethnicity, and income.
- However, we don't know enough about this condition and want to understand the factors involved, and what it's like to live with it.



WHY ARE WE STUDYING LONG COVID?

- This research will help us understand the effects of long COVID better.
- Our work will help health care providers and health policy makers understand how to reduce the impact of long-COVID on Canadians.
- Our findings will also provide policymakers and healthcare decision-makers with better evidence for interventions to prevent and manage long COVID.

WHAT ARE WE STUDYING?

1. How can we define long COVID?

- Our goal is to determine who gets long COVID, what their long-term health effects are, and the costs associated with long-COVID.
- We're studying the healthcare use of people in Ontario and British Columbia who had COVID-19 compared to similar people who didn't.
- We're also going to compare long COVID patients to COVID patients who don't have long COVID, and to the general population.

2. How are long COVID and health equity related?

- We are studying people in Ontario who had COVID-19 to understand how their social factors and existing health conditions are related to developing long COVID.
- Doing these kinds of analyses is complicated because there are so many different factors involved.
- We're using Artificial Intelligence because it is very good at classifying and categorizing data with a lot of different features.

COME JOIN OUR ADVISORY COMMITTEE

WANT TO GET INVOLVED?

- Do you have long COVID yourself, or think you might have?
 - Are you a caregiver to someone who has long COVID?
 - Is long COVID impacting your community?
- We're creating an Advisory Committee to provide feedback and advice to Canadian researchers studying long haul COVID.
 - We would like to learn from your expertise and experience.
 - We're looking for a diverse group of advisors, to make sure that we hear a range of views.

INFORMATION

- Our project will run for at least one year, and may be renewed for a second year.
- There will be 3 meetings/year, 2 hours each. We expect that these will be virtual (e.g., on Zoom).
- We will ask you to look at some project documents to prepare for the meetings (approximately 2-4 hours).
- There may also be some follow-up time required.
- We will provide honoraria for preparation and meeting time, and compensation for travel and other accessibility needs.

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