A TIME FOR RECONCILIATION

AHAC MODEL OF Wholistic Health and Wellbeing

CULTURE, OUR WAYS OF KNOWING AND BEING

North
SPIRITUAL
RECLAMATION
GENEROSITY

West
PHYSICAL
TEACHING
INTERDEPENDENCE

East
HEALING
EMOTIONAL
BELONGING

South
LEARNING
LANGUAGE
MENTAL

Cultural teachings and traditional practices vary between nations and regions. All are recognized and respected. The value systems represented by this Model of Wholistic Health and Wellbeing are the common ones that frame the work of the AHACs toward healthy communities.