



**Alliance for Healthier Communities**  
Alliance pour des communautés en santé



Older Adult Self-Efficacy: A Survey of Peer Engagement and Self-Education Needs for Health Management

**Are you at least 55 years old?**

**Are you interested in helping researchers learn about senior health?**

**How do you learn about your health?**



**During the COVID epidemic what do you like doing by yourself? With others?**



For more information and to take the survey,  
go to <https://bit.ly/2YQCP3b>.