Share and Care: Cultural Safety and Community Engagement

June 8, 2016

Napanee Area Community Health Centre
A part of Kingston Community Health Centres (KCHC)

Indigenous Health Program
A part of Kingston Community Health Centres (KCHC)

Mississauga & Haudenosaunee Traditional Territory



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Faculty/Presenter Disclosure

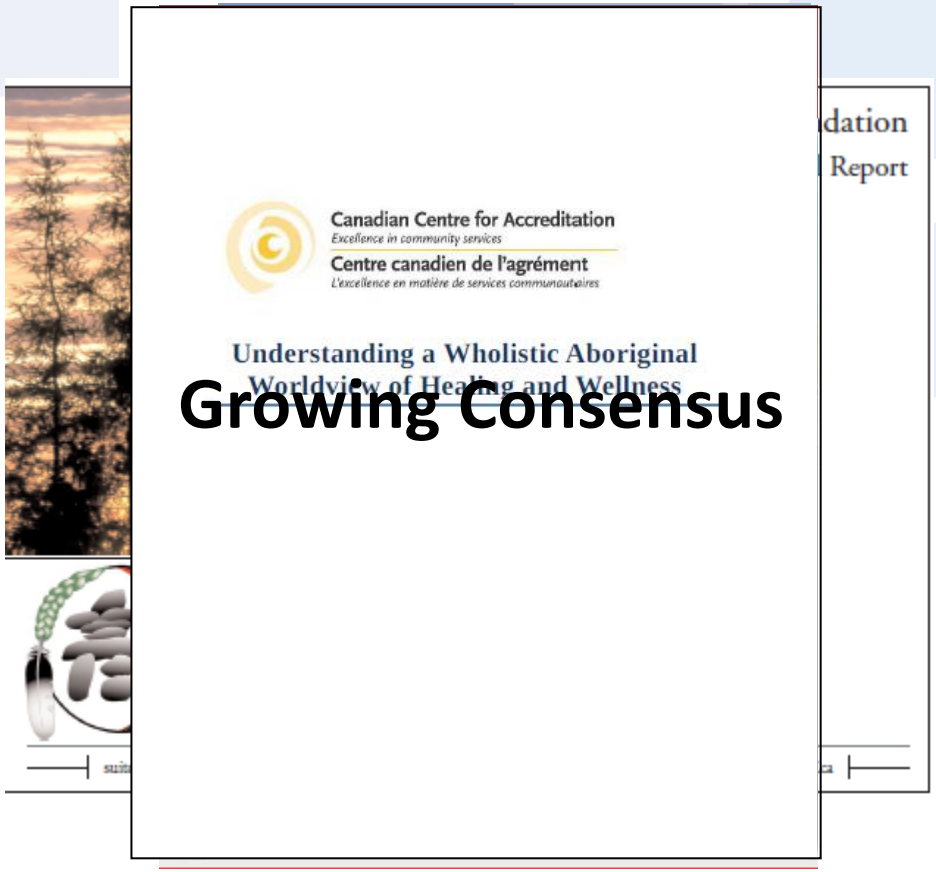
- **Faculty:**
- Maureen Buchanan Indigenous N.P., Anishinaabe, Eagle Clan
- Kate Brant, Indigenous Community Developer, Haudenosaunee, Wolf Clan

- **Relationships with commercial interests:**
  - **none**

Colonization
Social Determinant of Health

Cultural Safety

- Is effective care
- Validates Indigenous identity
- Respect & incorporate Indigenous values into programs
- Indigenous cultural governance.



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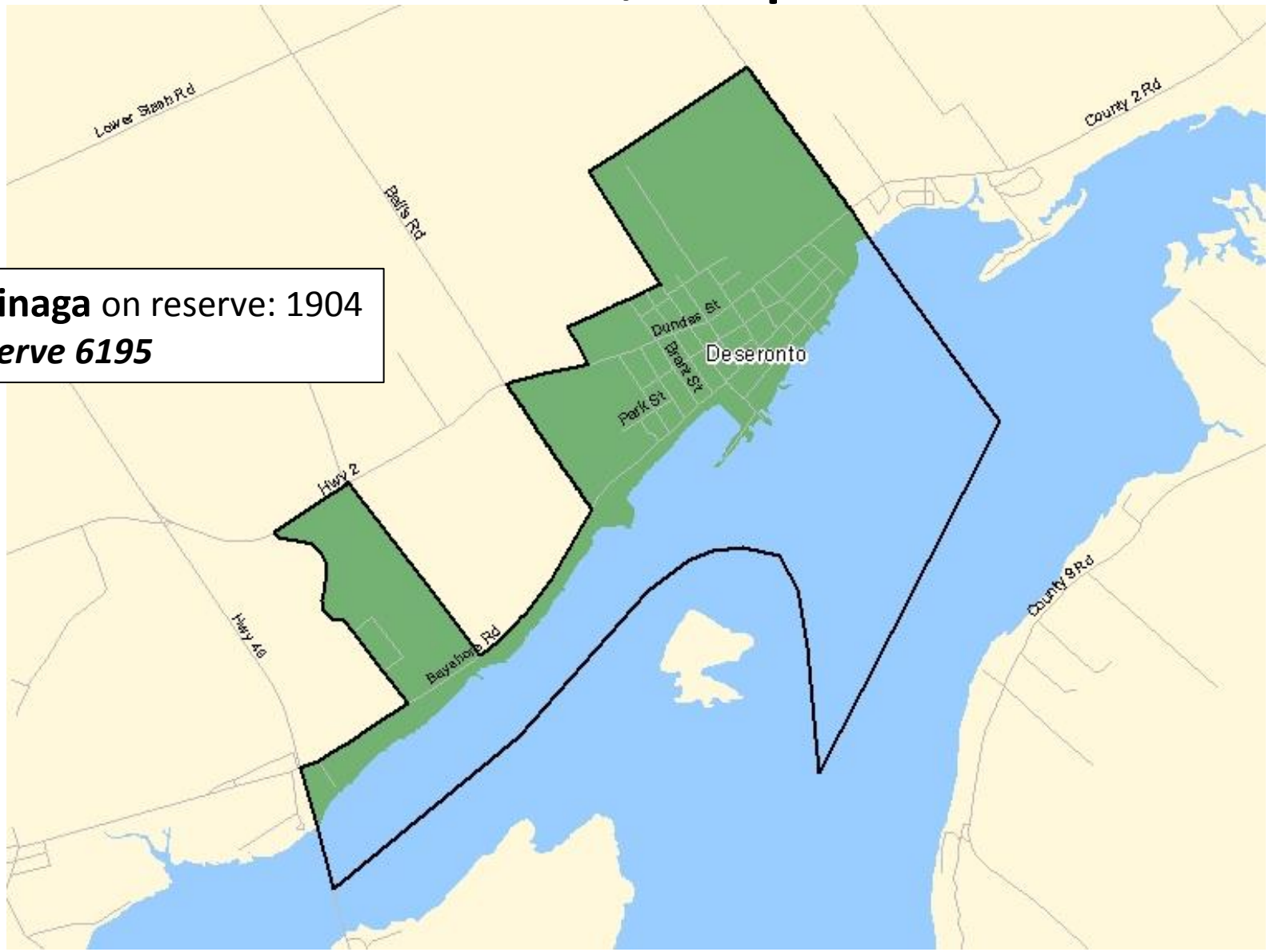
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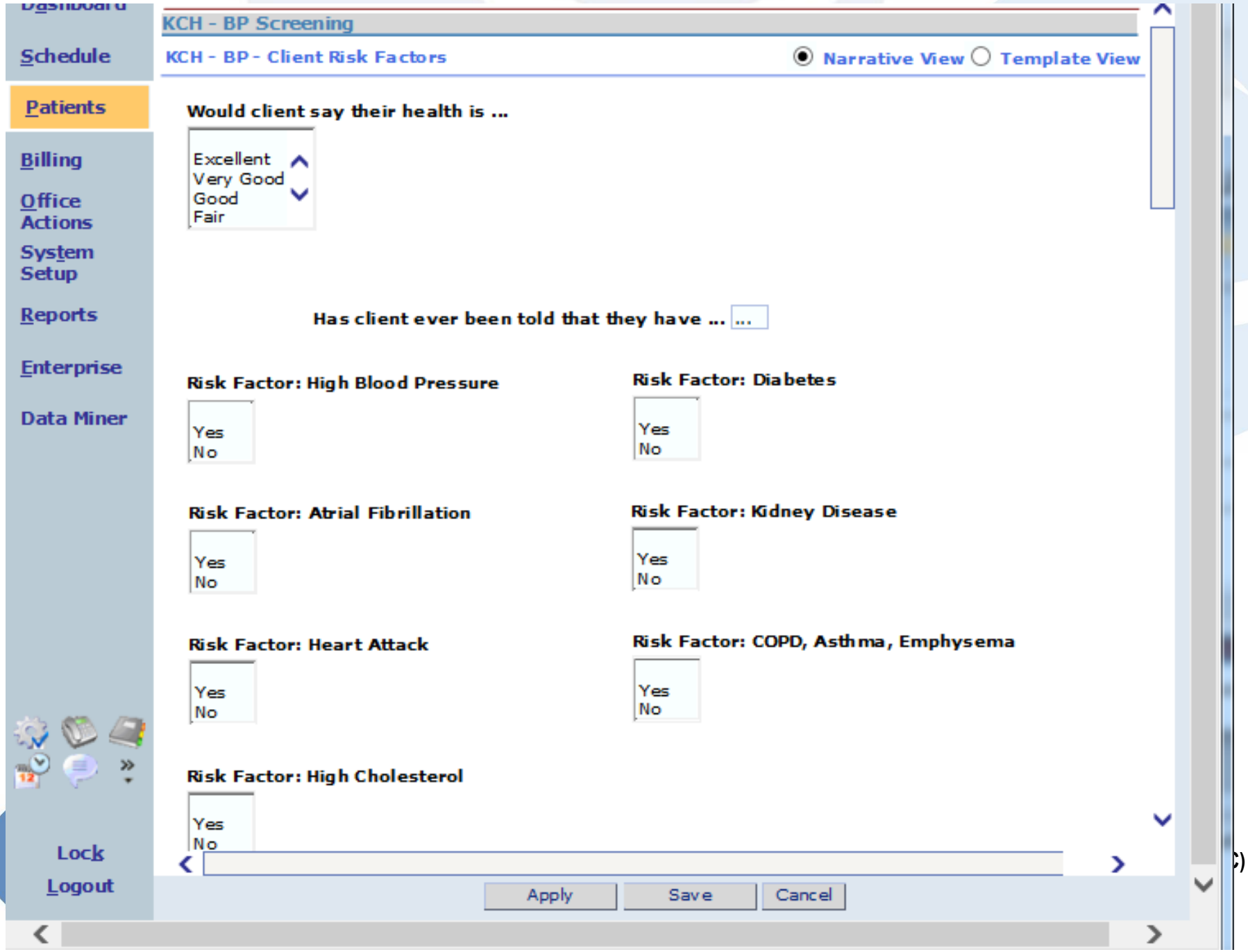
Guiding Principles

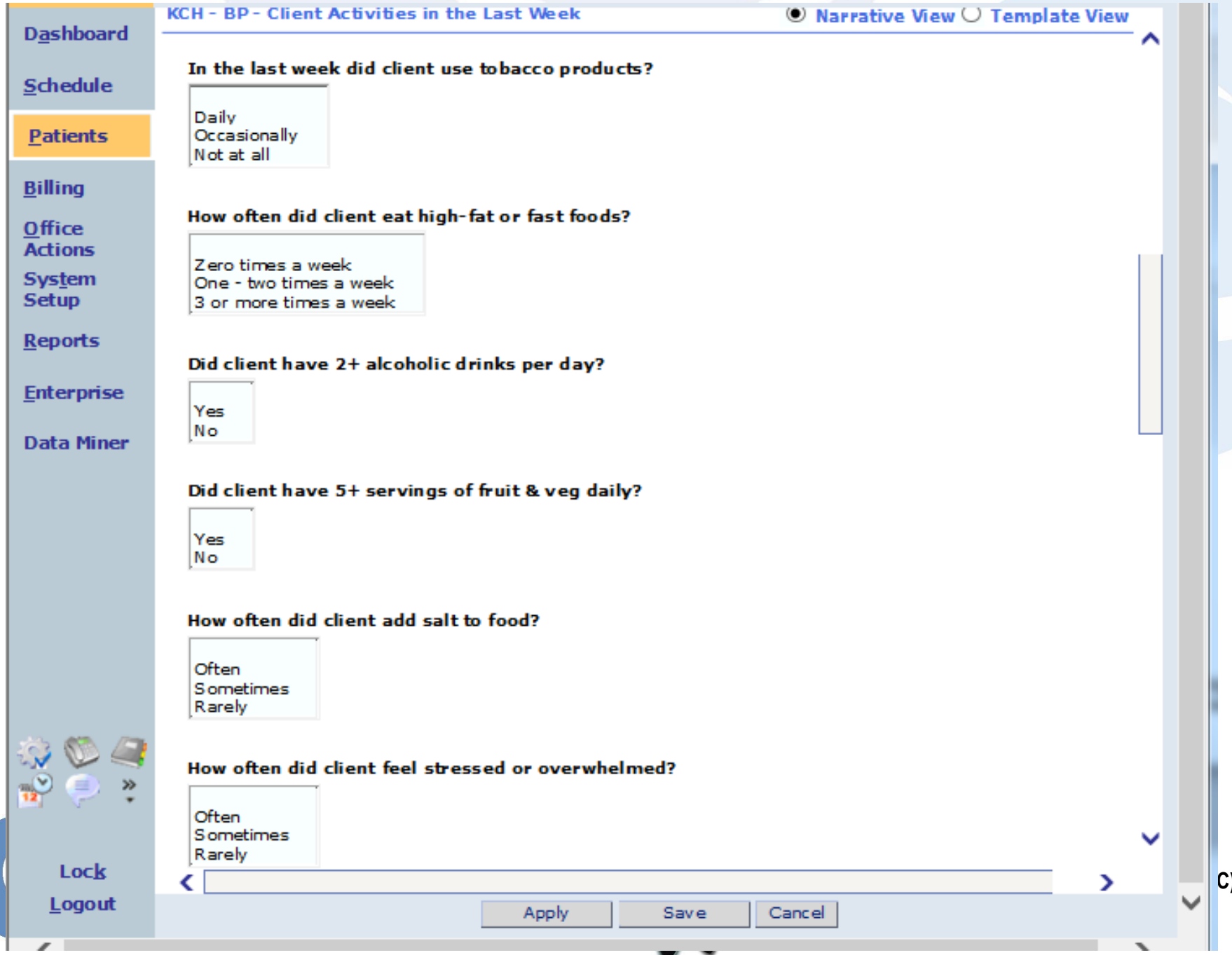
- Respect Indigenous approaches to health and wellness.
- Indigenous community will control health planning and resource management pertaining to Aboriginal policy, programs and services.
- Self determination – Indigenous will have clients choice of services acknowledged and respected.
- Self Government: Indigenous representation should fulfill the needs of the Indigenous community.
- OCAP principles must be respected.

Deseronto, Pop 2259

Tyendinaga on reserve: 1904
Off reserve 6195




Schedule
Patients
Billing
Office Actions
System Setup
Reports
Enterprise
Data Miner
Lock
Logout
KCH - BP Screening
KCH - BP - Client Risk Factors
Narrative View
Template View
Would client say their health is ...
Excellent
Very Good
Good
Fair
Has client ever been told that they have ... ...
Risk Factor: High Blood Pressure
Yes
No
Risk Factor: Diabetes
Yes
No
Risk Factor: Atrial Fibrillation
Yes
No
Risk Factor: Kidney Disease
Yes
No
Risk Factor: Heart Attack
Yes
No
Risk Factor: COPD, Asthma, Emphysema
Yes
No
Risk Factor: High Cholesterol
Yes
No
Apply
Save
Cancel


Dashboard
Schedule
Patients
Billing
Office Actions
System Setup
Reports
Enterprise
Data Miner
Lock
Logout
KCH - BP - Client Activities in the Last Week
Narrative View
Template View
In the last week did client use tobacco products?
Daily
Occasionally
Not at all
How often did client eat high-fat or fast foods?
Zero times a week
One - two times a week
3 or more times a week
Did client have 2+ alcoholic drinks per day?
Yes
No
Did client have 5+ servings of fruit & veg daily?
Yes
No
How often did client add salt to food?
Often
Sometimes
Rarely
How often did client feel stressed or overwhelmed?
Often
Sometimes
Rarely
Apply
Save
Cancel

C)

BP Protocol Definitions

Low
Normal
High Normal
Stage 1 Mild
Stage 2 Moderate
Stage 3 Severe
Stage 4 Very Severe

Heart Rate Protocol

Known Atrial Fibrillation
New Irregularly-Irregular

Actions taken according to Protocol:

Reviewed Risk Profile with participant
Provided education on risk factors
Invited to return for another BP session
Called RN to assess participant

Community Health Nurse Actions (all that apply):

No follow-up required
Reviewed Risk Profile with client
Provided education
Ordered ECG
Called MD-NP for discussion or follow-up
Assisted in setting up appt
Sent to ER and MD-NP were informed
Faxed Risk Profile and Assessment to MD-NP
Referred to MD-NP
Referred to Pharmacist (med check)
No MD-NP: Refer to Healthcare Connect
No MD-NP: Refer to NACHC
No MD-NP: Refer to QCHC NP

Client consented to contact with MD-NP?

No
Yes

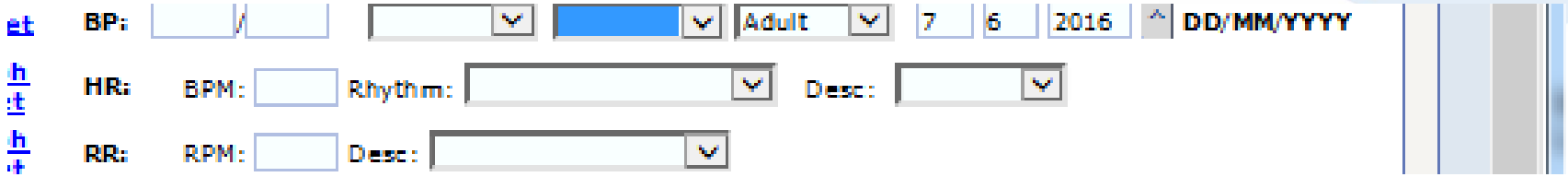
CHN New Appt Date set (if any):

DD MM YYYY

CHN Education provided (if any):

Referrals made (select all that apply):

No Follow Up Required
Diabetes Education Program (DEP)
Chronic Disease Self-Mgmt
NACHC Indigenous Health Program
Wellness Centre (Indigenous Pgm)
Smoking Cessation



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Utilization

2015 BP Clinic Utilization	
Total Encounters	667
Unique Individuals	89
Indigenous / Métis	15 (17%)

CV Risk Factors	Screened 2015	Hastings 2013	Ontario 2013
3+	18%	-	-
1+	60%	-	-
HTN dx	39%	22.5 %	17.6%
smoking	18%	24%	14%
diabetes	18%	-	-

Culture is Good Medicine



Tree of Peace,
Oren Lyons

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She:kon skennen kowa kon?

Greetings, do you still carry the Great Peace?



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Good Mind



Christie Belcourt

Konnonronkwa

"I show you I care"





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Deseronto BP Screening Project

- **Culture -based vol. training**
- **Aunties screen neighbors and extended family**
- **Kitchen table atmosphere**
- **Welcoming , warm greeting**
- **Treat everyone like family**
- **A lot of visiting**
- **Refreshments & fresh fruit**
- **Evidenced-based BP protocol**
- **Guides the actions of volunteers**
- **CHN w*ith consent* pulls in primary care follow up**
- **Every two weeks**



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- **Nia:wen Miigwech Thankyou**

For more information:

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Website: www.kchc.ca

Caring. Responding. Building Community. ◆ Prendre soins. Intervenir. Bâtir une communauté.

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