

Introduction to Community Health Centres of Northumberland

A large, faint, stylized graphic on the right side of the slide, consisting of overlapping concentric arcs in shades of blue and green, resembling a stylized 'N' or a spiral.

Mission

The Community Health Centres of Northumberland takes leadership in:

- creative health promotion,
- diligent illness prevention, and
- inter-professional treatment services

In an inclusive, responsive and safe environment.

Vision and Values

VISION STATEMENT

Healthy People, Partnerships, Communities

VALUES

- Respectful client-centered care
- Meaningful collaboration with our clients, partners, communities
- Excellent care in an inclusive, non-judgmental environment.
- Strategic innovation to achieve continuous improvement.



What is a Community Health Centre?

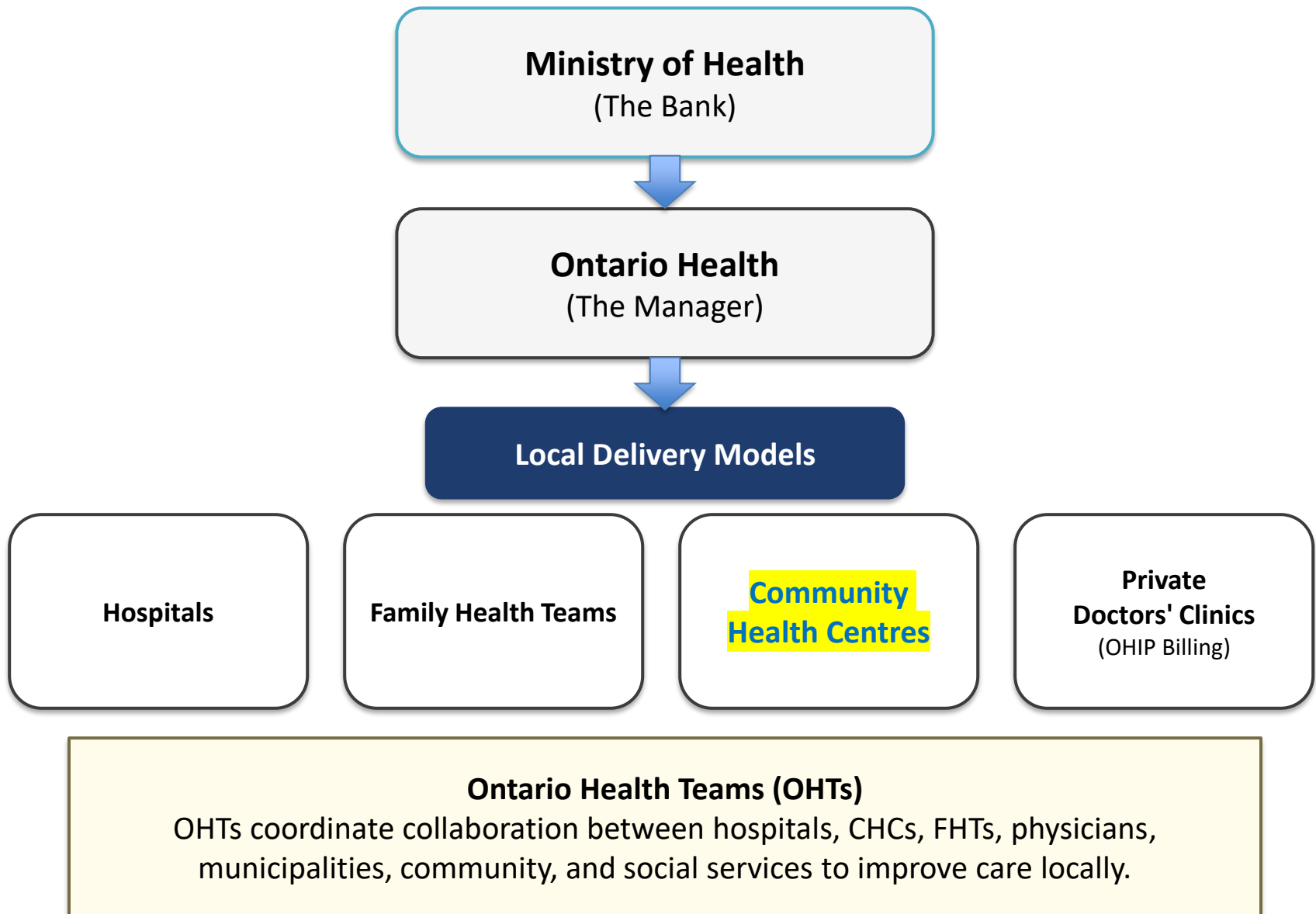
A Community Health Centre (CHC) is a non-profit organization providing comprehensive primary healthcare, health promotion, and disease prevention services to individuals and communities, often focusing on vulnerable populations facing barriers to care.

CHCs use interdisciplinary teams to address health, social, and economic factors.

- We include health education, counseling, nutrition, and community programs
- We focus on helping people who face barriers due to geography, isolation, socioeconomic status, or mental health/addictions
- Teams include MDs, NPs, RNs, dietitians, and social workers working together
- We address social, economic, and environmental factors that impact health, like housing, food security, and social isolation
- We provide care regardless of a client's ability to pay or insurance status

***There are 75 CHCs across Ontario**

Ontario's Healthcare System



Strategic Priorities 2024-2026-2030



CHCNs Outreach Services



Port Hope: Food Cupboard & NP – Greenwood Towers

Cobourg: NP – Greenwood Coalition Migrant Farm Workers; MD – Cornerstone Family Violence Prevention Centre;

Diabetes Team – Cobourg Community Centre

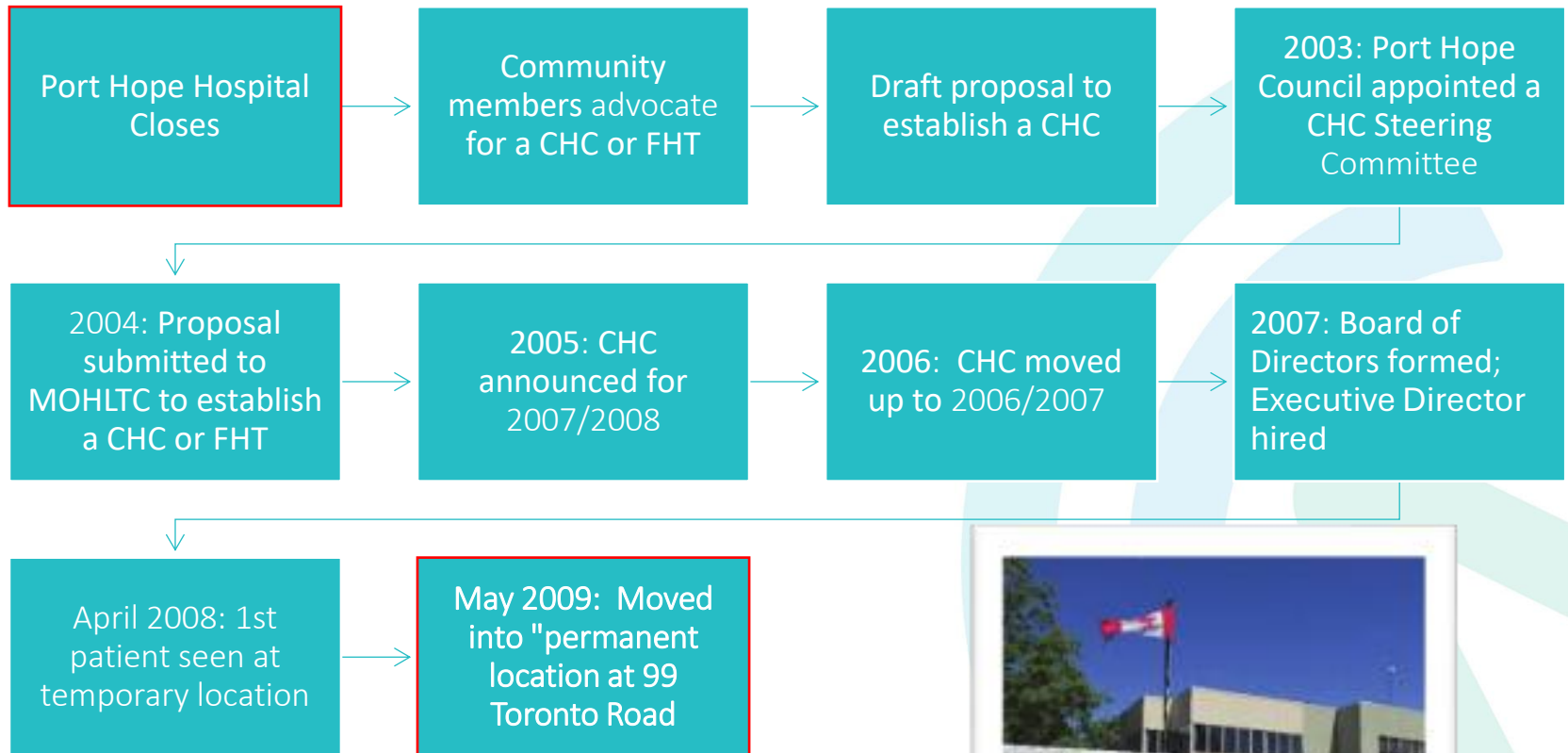
Grafton: Mobile Food Market

Colborne: Rural Outreach Clinic – NP, Midwife, Diabetes Team, Mobile Food Market

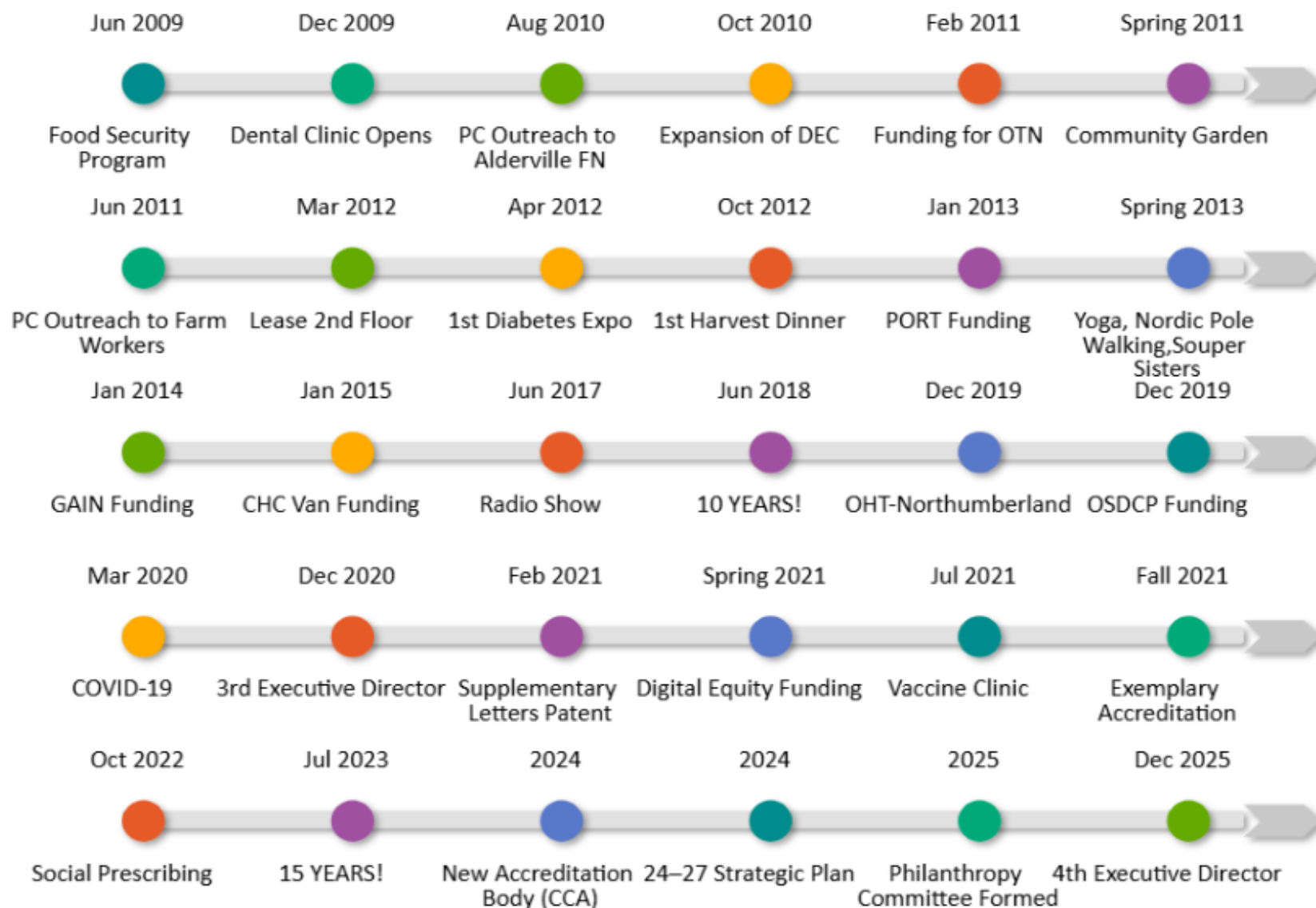
Alderville First Nations: NP, Diabetes Team

Roseneath: Diabetes Team

History – 99 Toronto Road



CHCN Growth & Milestones (2009–2025)



Fun Facts

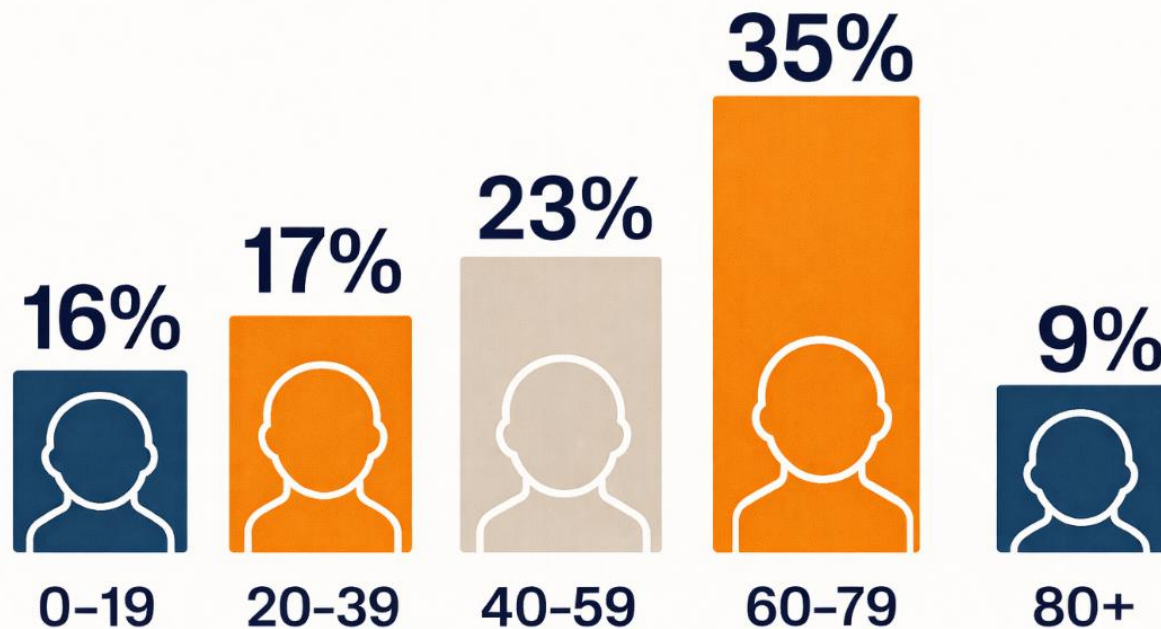
Staff: 65

Volunteers: 52

Board Members: 12

Facts & Figures

Primary Care Clients Served By Age



Top Diagnosis/Reasons for Visit

*in addition to prescription reviews/renewals



Diabetes



Social
Isolation



Mental
Health



Hypertension



Pain/
Mobility/
Arthritis

Ontario Health/ Funded Programs & Services

Primary Care

- Doctor', Nurse Practitioners, Nurses
- Regular booked & urgent care appointments

Diabetes Management

- 1:1 + Group Education & Counselling
- Outreach: Cobourg, Alderville First Nation, Roseneath, Colborne

Geriatric Assessment

- GAIN – advanced cognitive impairment assessment
- MINT – mild cognitive impairment assessment

Mental Health Counselling

- 1:1 + Group Counselling

Dental Services

- Subsidized Dental Care
- Accepts non-insured, OW, ODSP, CDCP, Indigenous

Partnerships

Rural Outreach

- Rural Outreach Clinic – Colborne
- Outreach: Port Hope, Cobourg, Grafton, Alderville First Nation, Roseneath, Colborne

Youth Wellness

- Youth Wellness Hub – with Rebound C&Y Services
- Primary Care, Mental Health and Addictions Counselling, Peer Support

Programs supported through Donations

Food Security

- Community Dining, Community Market
- Food Cupboard + Outreach: Port Hope, Cobourg, Grafton

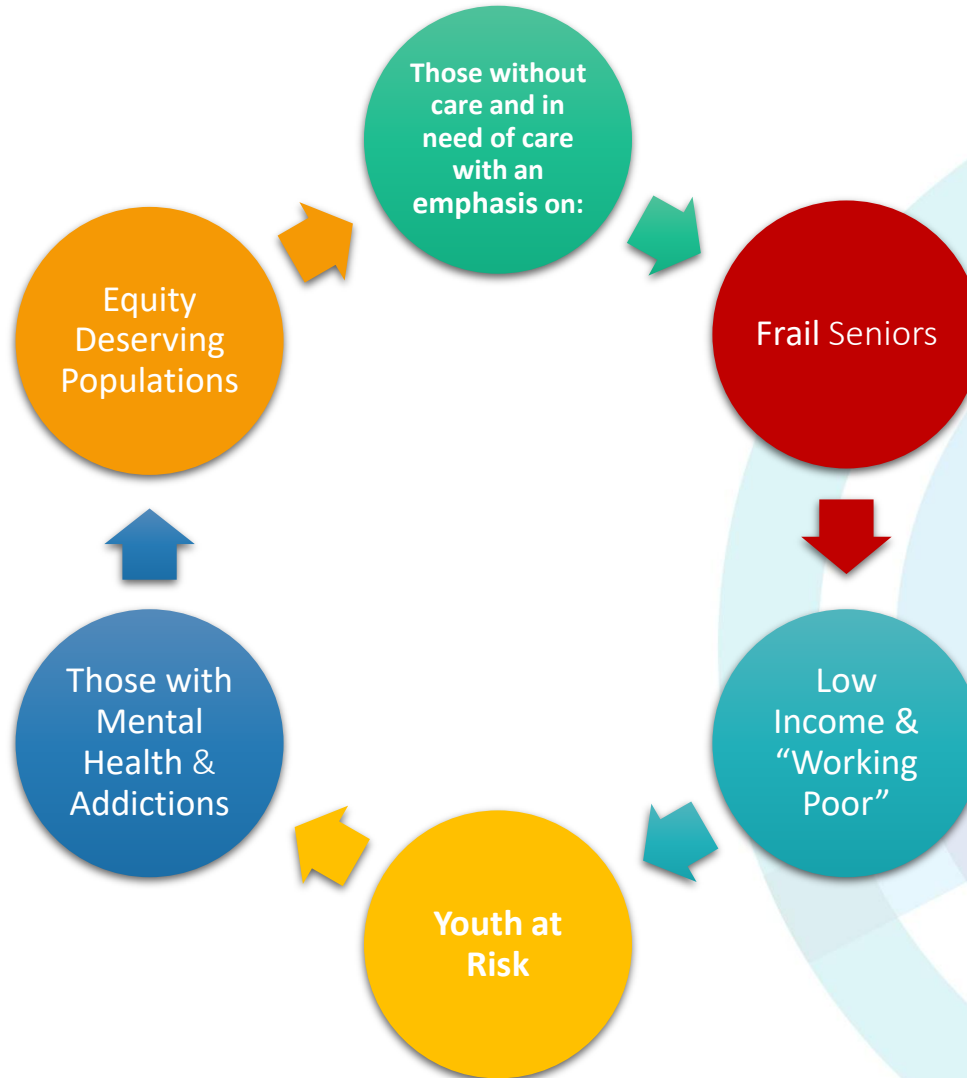
Gender Affirming Care

- Medical assessment and treatment
- 1:1 and Group Peer Support

Community Programs

- Social Prescribing
- Health Promotion
- Exercise Programming

Priority Populations



Opportunities & Challenges

Partnerships – old and new

Fundraising & Donations

Spreading the word about
CHCN

Expanding our services in
underserved areas

😊THANK YOU 😊

Any Questions?

Want to receive our NEWSLETTER?

<https://chcnorthumberland.ca/>

Interested in DONATING to our amazing programs?

<https://www.canadahelps.org/en/charities/community-health-centre/>

**89.7 Weekly Health Beat Interview – with CHCN's
new ED, Chiara Campitelli-Thompson**

<https://northumberland897.ca/the-weekly-health-beat>