Occupational Science
& Occupational Therapy
UNIVERSITY OF TORONTO

STUDY CONSENT LETTER – CO-DESIGN

STUDY TITLE: Co-Design for Time-Based Support in Alzheimer's Disease Care

INVESTIGATORS:

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You are invited to participate in this co-design study. Before agreeing to participate, please read the following information carefully. If you have any questions, please contact the research team before providing consent.

Purpose and Objectives:

The purpose of this study is to co-design practical advice, tools, and products that will support caregivers of individuals with Alzheimer’s disease across different phases of the caregiving journey. The study will involve engaging caregivers, community organizations, societies, and clinicians in collaborative sessions to provide feedback and contribute insights to the design of services tailored to meet the needs of caregivers at each stage of Alzheimer's caregiving. The goal is to co-create time-based services and approaches that are relevant and useful for caregivers.

Eligibility Criteria:

To participate in this study, you must:

- Be 18 years or older.
- Be a service provider, administrator, or representative from an organization that provides support for Alzheimer’s care.
- Be able to speak and understand English.

Procedures:

You will participate in co-design sessions lasting approximately 60 minutes, where you will provide feedback on potential service designs, tools, and advice for supporting caregivers throughout the Alzheimer's caregiving journey. The sessions will involve collaboration with other stakeholders to ensure that the services meet the identified needs of caregivers. Sessions will be conducted virtually or in person, depending on your preference. With your consent, the session will be audio-recorded for accuracy.

Risks:

You may find discussions about Alzheimer's caregiving challenges to be thought-provoking or emotionally engaging. You may skip any questions or pause the session at any time. A list of support resources will be provided if needed.

Compensation:

Participants will receive a $25/hour e-gift card as compensation for their time.

Confidentiality:

All data will be securely stored at [Your Institution]. Personal identifiers will be removed, and each participant will be assigned a unique study ID. Data will be securely stored for seven years and then permanently deleted. Participants may withdraw from the study within two weeks of participation, after which data will be anonymized for analysis.

Participation:

Participation in this study is voluntary. You may withdraw at any time without penalty. If you withdraw within two weeks of participation, your data will not be included in the analysis.

Questions:

For questions about your rights as a research participant, you may contact the University of Toronto Office for Research Ethics at ethics.review@utoronto.ca or 416-946-3273.

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CONSENT FORM – CO-DESIGN

STUDY TITLE: Co-Design for Time-Based Support in Alzheimer's Disease Care

By signing this form, I confirm that:

1. I have read and understood the study details and had the opportunity to ask questions.
2. The study's potential risks and benefits have been explained to me.
3. I understand my participation is voluntary, and I may withdraw from the study within two weeks of participation.
4. I understand that my identity will be kept confidential and that my data will be anonymized for analysis.
5. I do not waive any legal rights by consenting to participate.
6. I consent to receive an e-gift card at the email I specify. Email: _____

I agree to participate in this study.

Participant Name: _____

Signature: _____

Date: _____

Researcher Statement:

I have explained the details of this study and answered all participant questions.

Researcher Name: _____

Signature: _____

Date: _____